

Meter Spor	Meter Spor					166m 11	166m 12	280m 13	280m 14	295m 15	295m 16
00:00	00:00	Hens	Hens	Hens	Hens						
01:00	00:30										
02:00	01:00										
03:00	01:30										
04:00	02:00										
05:00	02:30										
06:00	03:00										
07:00	03:30										
08:00	04:00										
09:00	04:30										
10:00	05:00										
11:00	05:30										
12:00	06:00										
13:00	06:30										
14:00	07:00										
15:00	07:30										
16:00	08:00										
17:00	08:30										
18:00	09:00										
19:00	09:30										
20:00	10:00										
21:00	10:30										
22:00	11:00										
23:00	11:30										
00:00	12:00										
	12:30										
	13:00										
	13:30										
	14:00										
	14:30										
	15:00										
	15:30										
	16:00										
	16:30										
	17:00										
	17:30										
	18:00										
	18:30										
	19:00										
	19:30										
	20:00										
	20:30										
	21:00										
	21:30										
	22:00										
	22:30										
	23:00										
	23:30										
	00:00										